

**Body Attack**  
SPORTS NUTRITION

**EXTREME ISO WHEY** CROSS FLOW MICROFILTRATION **CFM WHEY ISOLATE**

**D Verzehrempfehlung:** Anfänger: 30 g Pulver (3 Messlöffel) in 300 ml fettarme Milch (1,5%). Fortgeschrittene: 50 g Pulver (5 Messlöffel) in 250 ml Wasser.  
**Einnahme:** An Trainingstagen etwa 30 Minuten vor oder nach einer intensiven Belastung verzehren. An trainingstagen morgens oder abends verzehren.

**Proteinmischung als Proteinkonzentrat mit Süßungsmitteln zur Herstellung eines Proteingetränkes.**  
**Geschmack:** Schokolade.  
Wir empfehlen eine abwechslungsreiche, ausgewogene Ernährung und eine gesunde Lebensweise.

**Zutaten:** Molkenweißisolat (90,8%) (CFM<sup>1</sup>), stark entölt Kakaopulver (6%), Aroma, Emulgator (Soja-Lecithin), Süßungsmittel (Acesulfam K, Natriumcyclamat, Saccharin), Säuerungsmittel (Milchsäure), Trennmittel (Siliciumdioxid), Säureregulator (Calciumlactat), Laktase.

Ungeöffnet, kühl und trocken aufbewahrt, mindestens haltbar bis Ende/Los-Nr.: siehe Dosenboden. Nach dem Öffnen schnell aufbrauchen. Vor direkter Wärme und Lichtstrahlung schützen.

OUR CFM<sup>1</sup>-ISOLATE IS MADE TO 100% FROM IRISH WHEY. THE CROSS-FLOW MICROFILTRATION PROCESS GUARANTEES THE PUREST FORM OF PREMIUM QUALITY WHEY PROTEIN ISOLATE. IT CONTAINS A HIGHER PROTEIN RATIO PER SERVING THAN COMPARABLE PRODUCTS WITH OVER 90 g OF PROTEIN PER 100 g OF WHEY. IT IS FAT AND LACTOSE REDUCED AND THE AMOUNT OF BCAAs IS HIGHER THAN CONVENTIONAL PROTEIN POWDERS. ON TOP IT IS EXTREMELY EASILY DIGESTIBLE IN COMBINATION WITH AN ABSOLUTE DELICIOUS TASTE.

**GB Recommended dosage:** Beginners: Stir 30 g of powder (3 scoops) into 300 ml of low-fat milk (1.5%). Advanced athletes: 50 g powder (5 scoops) in 250 ml of water.  
**Directions:** On training days, drink about 30 minutes before or after an intensive workout. On non-training days, drink in the morning or evening.

**Protein blend as a protein concentrate with sweeteners for the preparation of a protein drink.**  
**Flavouring:** Chocolate.  
We recommend a varied, balanced diet and a healthy lifestyle.

**Ingredients:** Whey protein isolate (90.8%) (CFM<sup>1</sup>), highly de-oiled cocoa powder (6%), Flavouring, Emulsifier (Soy lecithin), Sweetener (Acesulfame K, Sodium cyclamate, Saccharin), Acidifier (Lactic acid), Separating agent (Silicon dioxide), Acidity regulator (Calcium lactate), Lactase.

If kept unopened in a cool, dry place, best before end of/lot no.: see bottom. Once opened, use up quickly. Keep away from direct heat and light.

**CHOCOLATE**  
FLAVOUR

**E Recomendación de consumo:** Principiantes: Mezclar 30 g de polvo (3 cucharas dosificadoras) en 300 ml de leche desnatada (1,5%). Para avanzados: mezclar 50 g de polvo (5 cucharas dosificadoras) en 250 ml de agua.  
**Consumo:** Consumir los días de entrenamiento entre 30 minutos antes y después de una carga intensa. En los días sin entrenamiento, consumir por la mañana o la tarde.

**Miscela di proteine come concentrato proteico con edulcorante per la produzione di una bevanda proteica.**  
**Sabor:** Chocolate.  
Si consiglia una dieta varia, equilibrata ed uno stile di vita sano.

**Ingredientes:** Aislado de proteína de suero de leche (90,8%) (CFM<sup>1</sup>), cacao en polvo muy desengrasado (6%), aroma, emulsionante (lecitina de soja), edulcorante (acesulfamato K, ciclamato de sodio, sacarina), acidulante (ácido láctico), antiaglomerante (dióxido de silicio), regulador de acidez (lactato cálcico), lactasa.

Se conservo chiuso ermeticamente, in ambiente asciutto e secco, da consumarsi preferibilmente entro la fine/ir. lotto.: Si veda il fondo della confezione. Dopo l'apertura consumare al più presto. Proteggere dal calore e dalla luce diretta.

**Body Attack**  
SPORTS NUTRITION

**EXTREME ISO WHEY**

**CFM PREMIUM ISOLATE**

**PROTEIN 42.5 g** | **BCAA 9500 mg**

PER 50 g IN 250 ml WATER

**CHOCOLATE**  
FLAVOUR

**CFM WHEY ISOLATE**

**GLUTEN FREE**

**LACTOSE-REDUCED**

**1800 g**

PRO SERIES

D	GB	F	E	I	S	pro/par/per/par/per/100 g	pro Portion <sup>2</sup> /per serving <sup>2</sup> /par portion <sup>2</sup> /per porzione <sup>2</sup> /per portion <sup>2</sup>	pro Portion <sup>3</sup> /per serving <sup>3</sup> /par portion <sup>3</sup> /per porzione <sup>3</sup> /per portion <sup>3</sup>
Nährwertangaben:	Nutrition facts:	Valeur nutritive:	Datos nutricionales:	Indicazioni nutrizionali:	Uppgifter om näringsämnen:			
Brennwert	Energy	Valeur énergétique	Valor calórico	Energia	Brännvärde	1595 kJ 376 kcal	1071 kJ 253 kcal	798 kJ 188 kcal
Fett	Fat	Graisse	Grasas	Grassi	Fett	1,5 g	5 g	0,7 g
- davon gesättigte Fettsäuren	- thereof saturated fatty acids	- dont acides gras saturés	- de las cuales ácidos grasos saturados	- di cui acidi grassi saturi	- därav mättade fettsyror	0,8 g	3,5 g	0,4 g
Kohlenhydrate	Carbohydrates	Glucides	Carboidratos	Carboidrati	Kolhydrater	4,4 g	15,7 g	2,2 g
- davon Zucker	- thereof sugar	- dont sucre	- de los cuales azúcar	- di cui zuccheri	- därav socker	1,8 g	14,9 g	0,9 g
Eiweiß	Protein	Protéines	Proteína	Proteine	Äggvita	85 g	35,7 g	42,5 g
Salz	Salt	Sel	Sal	Sale	Salt	0,6 g	0,53 g	0,3 g
Laktose	Lactose	Lactose	Lactosa	Lattosio	Laktos	0,9 g	14,7 g	0,4 g
BCAA <sup>4</sup>	BCAA <sup>4</sup>	BCAA <sup>4</sup>	BCAA <sup>4</sup>	BCAA <sup>4</sup>	BCAA <sup>4</sup>	19 g	7,7 g	9,5 g

Aminosäurenprofil:	Amino acid profile:	Profil des acides aminés:	Perfil de los aminoácidos:	Profilo degli aminoacidi:	Aminosäureprofil:	pro/par/per/par/per/100 g	pro/par/per/par/per/100 g
L-Alanin	L-Alanine	L-Alanine	Alanina L	L-alanina	L-alanin	4,67 g	4,67 g
L-Arginin	L-Arginine	L-Arginine	Arginina L	L-arginina	L-arginin	2,21 g	2,21 g
L-Asparaginsäure	L-Aspartic acid	Acide L-aspartique	Acido aspártico L	L-acido aspartico	L-asparaginsyra	11,04 g	11,04 g
L-Cystein	L-Cysteine	L-Cysteine	Cisteina L	L-cisteina	L-cystein	2,47 g	2,47 g
L-Glutaminsäure	L-Glutamic acid	L-Acides glutamiques	Acido glutámico L	L-acido glutammico	L-glutaminsyra	17,23 g	17,23 g
Glycin	Glycine	Glycine	Glicina	Glicine	Glycin	1,75 g	1,75 g
L-Histidin	L-Histidine	L-Histidine	Histidina L	L-istidina	L-histidin	1,61 g	1,61 g
<b>L-Isoleucin<sup>5</sup></b>	<b>L-Isoleucine<sup>5</sup></b>	<b>L-Isoleucine<sup>5</sup></b>	<b>Isoleucina L<sup>5</sup></b>	<b>L-isoleucina<sup>5</sup></b>	<b>L-isoleucin<sup>5</sup></b>	<b>6,52 g</b>	<b>6,52 g</b>
<b>L-Leucin<sup>5</sup></b>	<b>L-Leucine<sup>5</sup></b>	<b>L-Leucine<sup>5</sup></b>	<b>Leucina L<sup>5</sup></b>	<b>L-leucina<sup>5</sup></b>	<b>L-leucin<sup>5</sup></b>	<b>10,34 g</b>	<b>10,34 g</b>
L-Lysin	L-Lysine	L-Lysine	Lisina L	L-lisina	L-lysin	9,77 g	9,77 g
L-Methionin	L-Methionine	L-Methionine	Metionina L	L-metionina	L-metionin	2,20 g	2,20 g
L-Phenylalanin	L-Phenylalanine	L-Phenylalanine	Fenilalanina L	L-fenilalanina	L-fenylalanin	2,96 g	2,96 g
L-Prolin	L-Proline	L-Proline	Prolina L	L-prolina	L-prolin	5,84 g	5,84 g
L-Serin	L-Serine	L-Serine	Serina L	L-serina	L-serin	4,37 g	4,37 g
L-Threonin	L-Threonine	L-Threonine	Treonina L	L-treonina	L-treonin	6,78 g	6,78 g
L-Tryptophan	L-Tryptophan	L-Tryptophane	Triptofano L	L-triptofano	L-tryptofan	1,90 g	1,90 g
L-Tyrosin	L-Tyrosine	L-Tyrosine	Tirosina L	L-tirosina	L-tyrosin	2,86 g	2,86 g
<b>L-Valin<sup>5</sup></b>	<b>L-Valine<sup>5</sup></b>	<b>L-Valine<sup>5</sup></b>	<b>Valina L<sup>5</sup></b>	<b>L-valina<sup>5</sup></b>	<b>L-valin<sup>5</sup></b>	<b>5,47 g</b>	<b>5,47 g</b>

<sup>2</sup> 30 g Pulver in 300 ml fettarme Milch (1,5% Fett)/ 30 g powder in 300 ml low fat milk (1.5% fat)/ 30 g de poudre dans 300 ml de lait écrémé (1,5% de matière grasse)/ 30 g de polvo en 300 ml de leche desnatada (1,5% de grasa)/ 30 g di polvere in 300 ml di latte magro (1,5% grasso)/ 30 g pulver i 300 ml melanmjölk (1,5% fett).

<sup>3</sup> 50 g Pulver in 250 ml Wasser/ 50 g powder in 250 ml water/ 50 g de poudre dans 250 ml d'eau/ 50 g de polvo en 250 ml de agua/ 50 g di polvere in 250 ml d'acqua/ 50 g pulver i 250 ml vatten.

<sup>4</sup> BCAA=verzweigtkettige Aminosäuren (L-Isoleucin, L-Leucin, L-Valin)/ BCAA (branched chain amino acids (L-Isoleucine, L-Leucine, L-Valine))/ BCAA (ácidos aminés ramificados (L-Isoleucina, L-Leucina, L-Valina))/ BCAA (aminoácidos ramificados (Isoleucina, Leucina, L-Valina L))/ BCAA (aminoacidi ramificati (L-Isoleucina, L-Isoleucina, L-Valina L))/ BCAA (grenade aminosyror (L-Isoleucin, Leucin, L-Valin)).

Das Aminosäureprofil bezieht sich auf die enthaltenen Proteine im Produkt./ The amino acid profile refers to the proteins contained in the product./ Le profil des acides aminés se rapporte aux protéines contenues dans le produit./ El perfil de los aminoácidos se refiere a las proteínas contenidas en el producto./ Il profilo degli aminoacidi si riferisce alle proteine contenute nel prodotto./ Aminosäureprofilen hänför sig till de proteiner som produkten innehåller.

**Body Attack**  
SPORTS NUTRITION

**100% IRISH WHEY**

**NATURAL GRASS FED**

Ireland's climate is perfect for high-quality grass. There's plenty of rain and it's never too hot, never too cold. Irish cows graze outdoors most of the year on fresh rich natural grass.

**MADE IN GERMANY** **GLUTEN FREE** **LACTOSE-REDUCED**

<sup>1</sup> CFM = Cross Flow Microfiltration: Eine moderne Technologie zur Herstellung hochwertiger Proteinisolate./ A modern technology for the production of premium protein isolates./ Une technologie moderne pour la production d'isolats de protéines à grande valeur nutritive./ Una tecnologia moderna per la produzione di isolati proteici di alta qualità./ Una moderna tecnologia para la generación de proteínas aisladas de gran calidad./ En modern teknik för att producera proteiner av hög kvalitet.

**Body Attack**  
SPORTS NUTRITION

Exklusiv hergestellt für und Vertrieb durch/ Exclusively manufactured for and distributed by:  
**Body Attack Sports Nutrition GmbH & Co. KG**  
Schönackerburgallee 217-223  
22525 Hamburg  
www.body-attack.com

Inhalt: 36-60  
Content: 36-60  
Contenido: 36-60  
Contenuto: 36-60  
Innehåll: 36-60

Portionen servings portions porções porzioni porzioni

**e 1800 g**

